



Get back to
what matters
most... sooner.

Questions to Ask Your Hernia Surgeon

To make an informed decision, consider bringing some questions like these with you to your surgeon or doctor visit.

- What medical options are available for my hernia?
- What happens if I don't get surgery?
- What kind of experience do you have with my type of hernia?
- Which surgery option is best for my hernia?
- What type of anesthesia will I receive?
- How long will surgery take?
- Where will I have scars?
- When will I go home?
- Should I get a second opinion?
- How soon can I lift light weights after surgery?
Heavier weights?
- What is the difference between robotic-assisted surgery and laparoscopic surgery?
- Is robotic-assisted surgery covered by insurance?
- What can I expect before and after surgery?
- How will I feel after surgery in terms of pain, and how is it managed?
- What type of care will I need when I get home?